

Practical Strategies

Solutions for achieving the results we
want for the people we care about

Dreaming

- What was your parents dream for you? What was your dream for yourself? Did your dreams become true?
- Why? Why not?
- What was your dream for your son/daughter before he/she was born? Adopted?
- What is your dream today for your son or daughter?
- How is that different? Similar?

Dreaming

- What is your son/daughter's dream for themselves?
- What is the dream of people who care about and for the person?
- Are there any other stakeholders who have added their voice in your son or daughter's future?

Dreaming

- Is the dream positive and possible?
- What would be the first step to create a dream for this person?
- Who do you need to include in helping to make this dream a reality?

Start with a positive vision

- I hope to see my son...
- I know for this to happen my son needs...
- These are the things people need to know in order for good things to happen for my son..
- Is anyone putting limits on what is possible for my son...
- Are ordinary experiences & high expectations a part of our vision for our son?



Person-Centered Planning

- PATH
- MAPS
- Essential Lifestyle Planning
- Whole life planning
- Circles of friends/supports
- Hats & other tools

Which Plan is right for our family?

- Attend a training
- Read a book
- Participate in a planning for someone else
- Watch a video
- Which one feels best for our family?
- Are there different parts of each plan I like?

Circles of support

- What is a circle
- Why do you need a circle
- How do you start
- How big is a circle
- Explain why people are being asked to join
- Rules for circles
- Function of the circle

How does this get implemented?

- Who does what
- What is the role of government
- What is the role of the family, friends, etc.
- What is the role of the individual
- What is the role of the community
- What is the role of generic resources

Key Issues

- Vision - mission - philosophy
- Leadership
- Right people on the bus in the right seats
- Flexible resources
- Good planning and support
- Advocacy
- Thinking outside of the box
- Risk taking
- Circles of support